

LOUISIANA HEALTH/FISH CONSUMPTION ADVISORIES (MERCURY)

LOCATION	BOUNDARIES	PARISH	RECOMMENDATIONS FOR CONSUMPTION		ISSUE DATE	LAST REVIEWED	AREA
			WOMEN OF CHILDBEARING AGE AND CHILDREN UNDER THE AGE OF 7	OTHER ADULTS AND CHILDREN OVER THE AGE OF 7			
Amite River Drainage Basin	Amite River from the Mississippi State Line to its confluence with Lake Maurepas, Colyell Creek, the Amite River Diversion Canal and the Petite Amite River	East Feliciana, St. Helena, East Baton Rouge, Livingston, and Ascension	Limit bigmouth buffalo, largemouth bass, spotted bass, white crappie (sac-a-lait), freshwater drum (gaspergou), and bowfin (choupique, grinnel) consumption to no more than 1 meal per month combined.	Limit bigmouth buffalo, largemouth bass, spotted bass, white crappie (sac-a-lait), freshwater drum (gaspergou), and bowfin (choupique, grinnel) consumption to no more than 4 meals per month combined.	7/1/2004	3/10/2004	Not determined
Bayou Bartholomew	Bayou Bartholomew from the LA/AR state line to its confluence with the Ouachita River	Morehouse	No bowfin (choupique, grinnel); Limit other fish species to no more than 1 meal per month combined.	No bowfin (choupique, grinnel); Limit other fish species to no more than 4 meals per month combined.	1/99;5/29/03	3/10/2004	Not determined
Bayou Bonne Idee	Bayou Bonne Idee from its headwaters near Jones, Louisiana to its confluence with the Boeuf River east of Oak Ridge.	Morehouse	No bowfin (choupique, grinnel); Limit largemouth bass and freshwater drum (gaspergou) consumption to no more than 1 meal per month combined.	No bowfin (choupique, grinnel); Limit largemouth bass and freshwater drum (gaspergou) to no more than 4 meals per month combined.	7/1/2004	12/4/2003	Not determined
Bayou De Loutre and Associated Lakes (Phillips, Hatley and Hudson)	Bayou De Loutre from the Arkansas State Line to its confluence with the Ouachita River including Phillips, Hatley, and Hudson Lakes	Union	No consumption of any species.	Limit consumption of all species to no more than 2 meals per month combined.	11/20/00; 5/29/03, 7/1/04	3/10/2004	Not determined
Bayou des Cannes	Bayou des Cannes from its origin near Ville Platte to its confluence with the Mermentau	Acadia, Evangeline	Limit bowfin (choupique, grinnel), black crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 1 meal a month combined.	Limit bowfin (choupique, grinnel), black crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 4 meals a month combined.	10/97; 5/29/03	4/11/2002	54 miles
Bayou DeSiard	Bayou DeSiard from its headwaters to its confluence with the Ouachita River	Ouachita	No bowfin (choupique, grinnel); Limit other fish species to no more than 1 meal per month combined.	No bowfin (choupique, grinnel); Limit other fish species to no more than 4 meals per month combined.	5/29/03	9/4/2002	Not determined
Bayou Dorcheat	Bayou Dorcheat from the Arkansas State Line to its confluence with Lake Bisteneau.	Webster	Limit largemouth bass, spotted bass, black crappie, freshwater drum (gaspergou), and bowfin (choupique, grinnel) consumption to no more than 1 meal per month combined.	Limit largemouth bass, spotted bass, black crappie, freshwater drum (gaspergou), and bowfin (choupique, grinnel) consumption to no more than 4 meal per month combined.	7/1/2004	3/10/2004	Not determined
Bayou Liberty	The entire length of Bayou Liberty	St. Tammany	Limit largemouth bass, crappie (sac-a-lait), freshwater drum (gaspergou), and redear sunfish to no more than 1 meal a month combined.	Limit largemouth bass, crappie (sac-a-lait), freshwater drum (gaspergou), and redear sunfish to no more than 4 meals a month combined.	1/31/97; 5/29/03	3/10/2004	10 miles
Bayou Louis	Bayou Louis from its headwaters to its confluence with the Ouachita River including Lake Louis (Lovelace Lake)	Catahoula	No bowfin (choupique, grinnel); Limit other fish species to no more than 1 meal per month combined.	No bowfin (choupique, grinnel); Limit other fish species to no more than 4 meals per month combined.	5/29/03	9/4/2002	Not determined
Bayou Plaquemine Brule	Bayou Plaquemine Brule from its origin near Opelousas to its confluence with the Mermentau River	Acadia, St. Landry	No bowfin (choupique, grinnel) consumption. Limit largemouth bass, crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 1 meal a month combined.	Limit bowfin (choupique, grinnel) to 2 meals per month; Limit largemouth bass, crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 4 meals a month combined.	10/96; 5/29/03	4/11/2002	40 miles
Bayou Queue De Tortue	Bayou Queue de Tortue from its headwaters near Cankton, Louisiana to its confluence with the Mermentau River east of Lake Arthur, Louisiana.	Acadia, Lafayette and Vermilion	Limit bowfin (choupique, grinnel) consumption to no more than 1 meal per month.	Limit bowfin (choupique, grinnel) consumption to no more than 4 meal per month.	7/1/2004	3/10/2004	Not determined
Big Alabama Bayou	The entire length of Big Alabama Bayou from the boat landing at Hwy 975 to near the Atchafalaya River Pilot Channel	Pointe Coupee, Iberville, and St. Martin	Limit consumption of all species to no more than 1 meal a month combined.	Limit consumption of all catfish species to no more than 2 meals a month; Limit consumption of all other species to 4 meals a month combined.	5/29/03	9/4/2002	Not determined
Black Bayou Lake	Black Bayou Lake only	Ouachita	No bowfin (choupique, grinnel) consumption.	Limit bowfin (choupique, grinnel) to 1 meal a month.	5/29/03	9/4/2002	Not determined
Black Lake	Black Lake only	Natchitoches	No bowfin (choupique, grinnel) consumption; Limit largemouth bass, white bass, crappie (sac-a-lait), or freshwater drum (gaspergou) to no more than 1 meal a month combined.	Limit bowfin (choupique, grinnel) to 2 meals per month; Limit largemouth bass, white bass, crappie (sac-a-lait), or freshwater drum (gaspergou) to no more than 4 meals a month combined.	10/96; 5/29/03	9/4/2002	7.6 sq miles

Blind River	The Blind River only	St. James, Ascension, Livingston, St. John the Baptist	Limit bowfin (choupique, grinnel) consumption to no more than 1 meal per month.	Limit bowfin (choupique, grinnel) consumption to no more than 4 meals a month.	4/23/98; 5/29/03	12/4/2003	25.2 miles
Boeuf River	The Boeuf River from the confluence with Lake Lafourche to the confluence with the Ouachita River	Caldwell, Franklin, Richland, and Catahoula	No bowfin (choupique, grinnel); Limit other fish species to no more than 1 meal per month combined.	No bowfin (choupique, grinnel); Limit other fish species to no more than 4 meals a month combined.	5/29/03	3/10/2004	Not determined
Bogue Chitto River	The Bogue Chitto River from MS/LA state line to the Pearl River Navigation Canal	St. Tammany, Washington	Limit all bass species or bowfin (choupique, grinnel) to no more than 1 meal per month combined.	Limit all bass species or bowfin (choupique, grinnel) to no more than 4 meals a month combined.	8/96; 5/29/03	3/10/2004	35 miles
Bogue Falaya and Tchefuncte Rivers	The Bogue Falaya from its headwaters to its confluence with the Tchefuncte and the Tchefuncte from its headwaters to Lake Pontchartrain	Washington, St. Tammany, and Tangipahoa	No largemouth bass or crappie (sac-a-lait); Limit freshwater drum (gaspergou), spotted bass, or catfish to no more than 1 meal a month combined	Limit largemouth bass or crappie (sac-a-lait) to no more than 2 meals a month combined; Limit freshwater drum (gaspergou), spotted bass, or catfish to no more than 4 meals a month combined.	5/29/03	9/4/2002	Not determined
Calcasieu River Drainage Basin	Calcasieu River from Hwy 26 to the Saltwater Barrier north of Lake Charles, the West Fork Calcasieu River, Houston River, Hickory Creek, Beckwith Creek, English Bayou and Little River	Calcasieu, Jefferson Davis, and Allen	No largemouth bass, bowfin (choupique, grinnel) or freshwater drum (gaspergou) consumption.	Limit largemouth bass, bowfin (choupique, grinnel) and freshwater drum (gaspergou) consumption to no more than 2 meals per month combined.	11/20/00; 5/29/03, 7/01/04	3/10/2004	Not determined
Chicot Lake	Chicot Lake only	Evangeline	No bowfin (choupique, grinnel) consumption. Limit largemouth bass to no more than 1 meal a month.	Limit bowfin (choupique, grinnel) to 2 meals a month; Limit largemouth bass to 4 meals a month	5/97; 5/29/03	9/4/2002	2.54 sq. miles
Cheniere (Brake) Lake	Cheniere (Brake) Lake only	Ouachita	No consumption of bowfin (choupique, grinnel) and limit largemouth bass to no more than 2 meals per month.	Limit consumption of bowfin (choupique, grinnel) to no more than 2 meals a month; Limit consumption of largemouth bass to no more than 4 meals a month.	7/1/2004	3/10/2004	Not determined
Corney Lake	Corney Lake only	Claiborne	Limit largemouth bass or bowfin (choupique, grinnel) to no more than 1 meal per month.	Limit largemouth bass or bowfin (choupique, grinnel) to no more than 4 meals a month.	5/29/03	9/4/2002	1920 acres
Grand Bayou Reservoir	John K. Kelley- Grand Bayou Reservoir	Red River	No bowfin (choupique, grinnel) consumption. Limit largemouth bass to no more than 1 meal a month.	Limit bowfin (choupique, grinnel) or largemouth bass to 2 meals a month.	5/29/03	9/4/2002	1926 acres
Gulf of Mexico	Gulf of Mexico waters off of all coastal parishes	Coastal Parishes	Limit consumption to 1 meal per month for King mackerel 39 inches or less in total length.	Limit consumption to 4 meal per month for King mackerel 39 inches or less in total length.	9/4/1997	9/4/1997	1191 sq miles
Gulf of Mexico	Gulf of Mexico waters off of all coastal parishes	Coastal Parishes	NO consumption of King mackerel greater than 39 inches in total length.	NO consumption of King mackerel greater than 39 inches in total length.	9/4/1997	9/4/1997	1191 sq miles
Henderson Lake Area	Henderson Lake, Lake Bigneux, and all waters within the area bounded on the north be the St. Landry/St. Martin Parish line, on the east by the West Atchafalaya River levee, on the south by Hwy 3177 and on the west by the West Atchafalaya Basin levee	St. Martin	Limit largemouth bass, crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 1 meal per month.	Limit largemouth bass, crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 4 meals a month combined.	1/31/1996; 5/29/03	12/4/2003	37.8 sq. miles
I-10 Canal and Work Canal	The canal that is between the Interstate 10 Bridges (between Whiskey Bay and Ramah) and the canal known as Work Canal, which runs north to south and intersects the I-10 Canal.	Iberville	Limit largemouth bass, black crappie, and bowfin (choupique, grinnel) consumption to no more than 1 meals per month combined.	Limit largemouth bass, black crappie, bowfin (choupique, grinnel) consumption to no more than 4 meals per month combined.	7/1/2004	3/10/2004	Not determined
Ivan Lake	Ivan Lake only	Bossier	No consumption of bowfin (choupique, grinnel). Limit consumption of largemouth bass to no more than 1 meal per month.	Limit consumption of bowfin (choupique, grinnel) to no more than 2 meals a month; Limit consumption of largemouth bass to no more than 4 meals a month.	11/20/2000; 5/29/03	9/4/2002	369.15 acres

Kepler Creek Lake	Kepler Creek Lake only	Bienville	No bowfin (choupique, grinnel) consumption.	Limit bowfin (choupique, grinnel) to 1 meal a month.	5/29/03	9/4/2002	Not determined
Lake Vernon	Lake Vernon only	Vernon	Limit largemouth bass, flathead catfish, redear or bluegill sunfish (bream) to no more than 1 meal a month.	Limit largemouth bass, flathead catfish, redear or bluegill sunfish (bream) to no more than 4 meals a month combined.	8/97; 5/29/03	9/4/2002	4224 acres
Little River/Catahoula Lake Area	Catahoula Lake, Little River, Old River, Black River, Saline Lake, Larto Lake (Saline-Larto Complex), Shad Lake, and Associated Water Bodies	Avoyelles, Catahoula, Concordia, Grant, LaSalle, and Rapides	No largemouth bass, white bass, freshwater drum (gaspergou), flathead catfish or bowfin (choupique, grinnel) consumption; Limit white crappie to no more than 2 meals per month combined.	Limit largemouth bass, white bass, freshwater drum (gaspergou), flathead catfish and bowfin (choupique, grinnel) consumption to no more than 2 meals per month; Limit white crappie to no more than 4 meals a month combined.	11/20/00; 5/29/03	3/10/2004	Not determined
Ouachita River	LA/ARK border to the confluence of the Tensas River including any lakes that are inside the levee system or within the Ouachita River flood plain	Ouachita, Union, Morehouse, Caldwell, and Catahoula	No bowfin (choupique, grinnel); Limit other fish species to no more than 1 meal per month combined.	No bowfin (choupique, grinnel); Limit other fish species to no more than 4 meals a month combined.	7/92;5/29/03	3/10/2004	Not determined
Pearl River	The entire length of the Pearl River	St.Tammany, Washington	No bowfin (choupique, grinnel) consumption. Limit bass, bigmouth buffalo or freshwater drum (gaspergou) to no more than 1 meal a month combined.	No bowfin (choupique, grinnel) consumption; Limit bass, bigmouth buffalo or freshwater drum (gaspergou) to no more than 4 meals a month combined.	1/31/97; 5/29/03	3/10/2004	57 miles
Seventh Ward Canal	The Seventh Ward Canal (southwest of Abbeville)	Vermilion	Limit bowfin (choupique, grinnel), flathead catfish, white crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 1 meal a month combined.	Limit bowfin (choupique, grinnel), flathead catfish, white crappie (sac-a-lait) or freshwater drum (gaspergou) to no more than 4 meals a month combined.	7/97;5/29/03	3/10/2004	11.5 miles
Tangipahoa River	The Tangipahoa River from the LA/MS state line to Lake Pontchartrain	Tangipahoa	Limit bowfin (choupique, grinnel), flathead catfish, largemouth bass, spotted bass or freshwater drum (gaspergou) to no more than 1 meal a month combined.	Limit bowfin (choupique, grinnel), flathead catfish, largemouth bass, spotted bass or freshwater drum (gaspergou) to no more than 4 meals a month combined.	5/29/03	9/4/2002	79 miles
Tew Lake	Tew Lake only	Catahoula	Limit bowfin (choupique, grinnel) consumption to no more than 1 meal per month.	Limit bowfin (choupique, grinnel) consumption to no more than 4 meals per month.	7/1/2004	12/4/2003	Not determined
Tickfaw River Area	The Tickfaw River (from MS/LA state line to Lake Maurepas), the Blood River, Natalbany River, Lizard Creek, and Ponchatoula Creek	Saint Helena, Tangipahoa, and Livingston	Limit freshwater drum (gaspergou), largemouth bass, bowfin (choupique, grinnel), and white crappie (sac-a-lait) consumption to no more than 1 meal per month combined.	Limit freshwater drum (gaspergou), largemouth bass, bowfin (choupique, grinnel), and white crappie (sac-a-lait) consumption to no more than 4 meals per month combined.	7/08/02; 5/29/03	11/19/2001	Not determined
Toledo Bend Reservoir	The entire reservoir	Desoto, Sabine	No consumption of bowfin (choupique, grinnel). Limit consumption of largemouth bass and freshwater drum (gaspergou) to no more than 1 meal per month combined.	Limit bowfin (choupique, grinnel) consumption to no more than 2 meals per month combined; Limit largemouth bass and freshwater drum (gaspergou) to no more than 4 meals per month combined.	7/19/01; 5/29/03	9/4/2002	Not determined

Note: A meal is considered to be ½ pound in size. **Unless the fish species is specifically addressed in the details of the advisory, please limit consumption of all species in an advisory area to 4 meals per month. Louisiana fish consumption advisories are based on the estimate that the average Louisiana resident eats 4 fish meals per month (1 meal = 1/2 pound). If you or your family members eat more than 4 meals of fish a month from local water bodies, you might increase your health risks. You can contact the Office of Public Health toll free at 1-888-293-7020 for more information about eating fish that contain chemicals.

2004 EPA and FDA ADVICE FOR: WOMEN WHO MIGHT BECOME PREGNANT, WOMEN WHO ARE PREGNANT, NURSING MOTHERS, AND YOUNG CHILDREN By following these 3 recommendations for selecting and eating fish or shellfish, women and young children will receive the benefits of eating fish and shellfish and be confident that they have reduced their exposure to the harmful effects of mercury. 1. Do not eat Shark, Swordfish, King Mackerel, or Tilefish because they contain high levels of mercury. 2. Eat up to 12 ounces (2 average meals) a week of a variety of fish and shellfish that are lower in mercury. - Five of the most commonly eaten fish that are low in mercury are shrimp, canned light tuna, salmon, pollock, and catfish. - Another commonly eaten fish, albacore ("white") tuna has more mercury than canned light tuna. So, when choosing your two meals of fish and shellfish, you may eat up to 6 ounces (one average meal) of albacore tuna per week. 3. Check local advisories about the safety of fish caught by family and friends in your local lakes, river, and coastal areas. If no advice is available, eat up to 6 ounces (one average meal) per week of fish you catch from local waters, but don't consume any other fish during that week. Follow these same recommendations when feeding fish and shellfish to your young child, but serve smaller portions.